

Problems, Concerns and Blocks

Primary Attachments:

List Three primary "Attachments" that you prefer not to be without.

1. _____
2. _____
3. _____

Lightening Rod Attraction:

What kind of problems and crises do you keep attracting?

1. _____
2. _____
3. _____

Recurring behavior patterns, bad habits, and blocks to success:

What do you keep doing that limits your success?

1. _____
2. _____
3. _____

Accountability Deferment Tactics:

What games are you playing with yourself and others? Where do you sabotage yourself?

1. _____
2. _____
3. _____